

Longden Lung Buster

12.05.19

These terms and conditions apply to all people participating in 'The Longden Lung Buster, The Longden Leg Stretch & The Longden 1K Run 2019'

Definitions

- You, Runner, Walker, Participant: anyone taking part in 'The Longden Lung Buster, The Longden Leg Stretch & The Longden 1K Run'
- We, us, the charity: Longden Village Hall Play Area
- The events, 'The Longden Lung Buster 10km Fun Run, The Longden Leg Stretch 5km Family Dog Walk & The Longden 1K Run' taking place on Sunday, 12th May, 2019

Terms and conditions

1. 'The Longden Lung Buster, The Longden Leg Stretch & The Longden 1K Run' are open to everyone
2. All participants take part at their own risk. Participants are fully responsible for their actions while taking part in 'The Longden Lung Buster, The Longden Leg Stretch & The Longden 1K Run'. We do not accept responsibility for the actions of the participant, nor the consequences of such actions.
3. You will be responsible for providing your own personal equipment. We are unable to accept liability for any loss or damage to personal belongings, however arising, during the events.
4. We ask all participants and their supporters to be respectful of local residents, to not make excessive noise along the route and to use the litter and recycling facilities where available.
5. 'The Longden Lung Buster, The Longden Leg Stretch & The Longden 1K Run' are not races; they are non-competitive, Fun Runs & Family Walk. Facilities normally associated with formal races, are not likely to be available.
6. Where services, drinks and toilet facilities are provided, they are done so at the discretion and generosity of the provider. No minimum requirement has been specified and no liability is accepted.
6. Participants must be confident that they are physically and mentally capable of walking or running the distance they have chosen. If they are at all unsure about this, they should seek medical advice from their GP before the event.
7. Participants are not expected to know the route in advance, it is over private land & anyone found following it, who has not entered, or at a later date will be trespassing. Directional signage will be in place & it is up to participants to comply.
8. Participants must carry on their person, written instruction relating to their name, emergency contact number and details of any health problems or current medication.
9. We will be photographing and filming participants throughout the day, and we may use footage or photographs of you, your family or your team in our publications, promotion and advertising.
10. Entry fees cannot be refunded.
11. Anyone aged under 16 years must get permission to take part from their parent or guardian before registering. We ask that all under 16s participate with a responsible adult on the day.
12. Owners must take responsibility for their dog's behaviour and ability to complete the distance. No veterinary facilities will be available & all excrement must be picked up & disposed of, in Bins, by handler. Bags will be provided.
13. We reserve the right to refuse participation to any individual and to cancel or postpone the event completely for all participants at any time.

I agree to the above: [] *please tick box*

Participant name:

Signed:

Date: 12.05.19